Clinical Image Article

Nevus of Ota

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A 32 year old women has had, since birth, pigmented spots of the left periorbital area without involving the sclera [Figure 1, 2].

Figures 1-2. blue brown infracentimetric patches sitting in left periorbital.

There has been no change in the extent of the lesion. The patient noticed that the spots become sometimes some what darker. Dermoscopy revealed multiples brown areas without structures [Figure 3].

Figure 3. multiples brown areas without structures.
Ota is a congenital pigmentary disorder of the skin and mucus membranes, observed frequently in the yellow race and blacks [1]. It is a macular discoloration of the middle and upper portions of the face with common involvement of the periorbital area [2]. Most cases are sporadic, rare family clusters have been reported [3] and are characterized as being unilateral (95%, having a female predilection (80%), displaying scleral lesions (65%), and being congenital (60%) [2]. The lesions were composed of brown and blue macules the size of which varied from that of a grain of rice to that of lentil. The overall pigment picture varied from deep purplisch-blue to light brownish-blue [1]. Lesions tend to be slate-gray to brown in color with a ‘powder-blast burn’ appearance. The forehead, temple, periorbital area, cheek, and nose are commonly involved. Rarely, pigmentation is bilateral and large areas of the face and oral mucous membranes are affected [3]. The nevus of Ota is a misnomer because it does not contain true nevus cells and derives its pigmentation from dendritic melanocytes which are found in the reticular layer of the dermis [2]. The treatment options for this condition included cryotherapy, dermabrasion, surgical excision and cosmetic camouflage. Although The Q-switched lasers have been used successfully to treat nevus of Ota [4].

Conflict of Interest

The authors declare no conflicts of interest.

References