## 4th International Conference on Nursing Education and Research December 3-4, 2018 Dubai, UAE

## Joyful Teaching and Learning – Active Learning Short Course for Cultivating a Sense of Wonder

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The objective of this active learning short course is to provide nurse educators from all settings with a toolkit of resources. The goal of the toolkit is to provide tools for the educator to cultivate a sense of wonder, using an experiential, appreciative teaching approach that inspires powerful, joyful teaching and learning experiences. During the short course, we will review the science and theory of joy in teaching and learning. Research indicates that joy is a critical to engaging learners and to enhancing their self-efficacy, competence, intrinsic value, goal proficiency and higher levels of cognition. Attendees will be provided an evidence-based toolkit of experiential and innovative strategies to foster resilience in teaching and interventions to foster curiosity, innovation and joy in learning. Attendees will have the opportunity to experience the results of an appreciative teaching approach and to directly apply strategies during the short course.

## **Biography:**

Dr. Christopher an Assistant Professor in the Keigwin School of Nursing at Jacksonville University. She has been a nurse for more than 20 years. Dr. Christopher specializes in theoretical foundations of appreciative inquiry and joy, to optimize teaching, learning, health, well-being, quality and safety outcomes. Dr. Christopher is an ANCC board certified nurse executive, board certified as a healthcare technology specialist clinician/practitioner consultant (CHTS-CP) and has special training as an Appreciative Inquiry Facilitator through the Center for Appreciative Inquiry. Dr. Christopher is well published and is the co-director of the QSEN Institute Regional Center at Jacksonville University.