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## The Relationship between Perceived Social Support and Childbirth Fear of Turkish Adolescent Pregnants

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**Background:** The importance of social support in coping with childbirth fear has been emphasized in many studies conducted with pregnant adults.

**Aim:** This study was conducted to determinate the relationship between perceived social support and childbirth fear in pregnant adolescents.

**Method:** The study sample consisted of 100 adolescent pregnant women who applied to the obstetric clinic of a public hospital in Mersin between November 6, 2017 and April 27, 2018, who have met the inclusion criteria. The data of the study were collected using a Personal Information Form, which included questions to determine the socio-demographic and obstetric characteristics of the adolescents and applying the answers to the Multidimensional Perceived Social Support Scale and the Wijma Birth Expectancy/Experience Scale Version A. For the statistical data analysis, the SPSS 20.0 Statistics program was used. Analysis of descriptive statistics and the Pearson correlation coefficient was used to determine the relationship between the Scales.

**Findings:** There was a significant negative correlation between the mean scores of the Multidimensional Perceived Social Support Scale and the Wijma Birth Expectancy/Experience Scale Version A ( $p < 0.01$ ,  $r = -0.345$ ).

**Conclusion:** In light of the study results, it may be suggested that social support factors are important in adolescent pregnancies and that these factors should be integrated into prenatal care.

### Biography

Aysu Buldum was born on January 7th, 1991. She graduated from Akdeniz University Nursing Faculty in 2013. After graduated, she started to work as an Intensive Care Nurse in Akdeniz University Hospital. When she was working, she was doing master degree in Akdeniz University Institute of Health Sciences. In 2016, she started to Mersin University Nursing Faculty as a research assistant. Also she is still educate doctorate programme in Mersin University. She has been working there since 2016. She is married and has a kid.

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