A Study to Assess the Parental Acceptance and Attitude towards Disabled Children among Omani Families

Zaina Said Salim Al-Shaaili, Visitation Banato and Vijaya Lakshmi Gopalan Nair
University of Nizwa, Oman

**Background:** Having a disabled child is a critical point for a parent that eventually affects the acceptance and the attitude towards caring these children. Growth and development of these children may be affected.

**Aim:** The objective of this study was to examine the parental acceptance, attitude and the factors influencing the acceptance of disabled children among Omani families.

**Methods:** Using total population sampling technique 97 disabled children was used in the selection of the subjects. Self-administered questionnaire was given to the mothers to answer the questionnaire. Data was analyzed by using frequency and percentage.

**Result:** The overall result showed positive parental acceptance (84.14%) in terms of accepting their child as she/he is, their child is a gift from Allah, it is not a punishment from Allah for their sins, he/she has special characteristics. (69.8%) of parents shows positive attitude in terms of treating their disabled child as any other normal child, following a special plan for bringing up these children. Major factors such as supportive system 65.4%, spousal relationship 70.78% and the financial situation 60.9% influence the process of caring of the child.

**Conclusion:** The study showed positive acceptance and attitudes of parents towards the disabled children and the factors that examined in this study was supporting parents in accepting and having good attitudes towards the disabled children. Use of qualitative study will help the parents to express more their feelings and thoughts.

**Key words:** Acceptance, Attitude, Disabled children.

**Biography:**
Ms. Ziana has completed her bachelor degree in nursing with good CGPA. She is very knowledgeable and competent in good quality patient care. She is now doing her internship in nursing. She is highly motivated to conduct clinical research.