

Meeting health care needs of women: Screening and management of cervical health in community based outpatient clinics

Jackie L Michael

University of Texas at Arlington, USA

This presentation will discuss innovative methods created to provide access to health to women of all ages through Community Based Out Patient Clinics (COPC). Women of all ages deserve a good quality of life throughout their lifespan. Access to care in community based outpatient clinics is becoming the new standard of practice. Cervical cancer is one of the worlds deadliest but most easily preventable forms of cancer for women, responsible for more than 270 000 deaths annually, 85% of which occur in developing countries (WHO, 2016). Human papillomavirus (HPV) types 16 and 18 account for approximately 70% of cervical cancers worldwide (CDC. 2016)

This presentation is designed for beginner, intermediate and experienced health care providers who serve women as primary care or specialist providers as they are in the best position to influence health care decisions by providing accurate and current evidenced based information to their clients.

Presentation will compare and contrast national cervical cytological screening guidelines as they have been revised and yet practitioners are not able to agree on the consensus reports for screening and management of Pap smear guidelines. The role of protocols to understand interpretation guidelines for Pap smears for consistent management of womens health will be discussed in detail. Author will Summarize key points onpatient preparation for the pelvic exam and review the steps involved in performing a pelvic examination, including identifying external and internal structures associated with the pelvic exam. Describe the indications and complications of performing a pelvic exam will be discussed along with strategies to limit negative outcomes and make the visit a positive and non-threatening experience for women. Author will elaborate on management of abnormal Pap smear results and the management on COPC setting so women do not fall through the cracks for treatment and management of abnormal Pap smear results. Quality care strategies, indices, processes, benefits and limitations of womens health beginning from the initial exam with Pap smear screening and management will be shared with the audience.

Biography:

Jackie L. Michael, RN, PhD, APRN, WHNP-BC hasbeen a Registered Nurse for 28 years and a Womens Health Nurse Practitioner for 22 years. She is a Clinical Assistant Professor at the University of Texas at Arlington College of Nursing and Health Innovation and a Womens Health Nurse Practitioner II for Parkland Health and Hospital System. She designs online courses. She has practiced as a Nurse Colposcopist and serves as a Legal Nurse Consultant and expert witness. She has many presentations, papers, and posters to her credit. Dr. Michael leadership includes Sigma Theta Tau International Honor Society of Nursing DT-102 President, National Association of Indian Nurses of America Executive VP, Indian American Nurses Association of North Texas Past President and Advisory Committee Chair, Texas Nurses Association District 4 Board of Directors, TNA D4 Mock Trial Committee, and Elsevier Foundations Nurse Faculty Leadership Academy Program mentor.