

Investigation of kangroocarethatappliedtoearlynewbornswhoappliedinvasiveinitiatives in delivery room with comfortneo behaviorscale

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Comfort can be defined as a state that the absence of pain and distress, far from anxiety, a little fun and relaxed (peaceful). Child health and disease nurse should bring the solution to physiological problems of the babies, increase the comfort level of the babies to reduce the stress level and ensure the improvement of the environment which the babies are in. This research is planned experimentally for the purpose of investigation of the effect of the kangaroo care with the COMFORTneo Behavior Scale applied in very early newborn kangaroo care to the newborn who born with health in invasive interventions in Adana Maternity and Child Health Hospital maternity units.

The research will be made by selecting the babies who has born healthy, full-term and vaginally with random sampling method. Invasive interventions will be applied during the early kangaroo care to the infants in the experimental group (n=40) and COMFORTneo Behavior Scale (CBS) will be implemented. The data collected by applying CBS applied without early kangaroo care to the infants in the control group (n = 40) in invasive interventions. Invasive procedures performed by a nurse working in the unit and the researchers collected data by observing the transactions. Data collected with "Baby Information Form", "Family Information Form" and "COMFORTneo Behavior Scale".

Any studies about this issue in Turkey wasn't found in the scanning of international literature. It is seen that this research will contribute to the field of child health and disease nursing based on the need to fill this gap in literature.

KeyWords: Birth, Invasive Operations, KangarooCare, Comfort, Newborn

Biography:

Researcher who was born in Adana-Feke Turkey, 1989; primary school Gürümze Elementary School and high school education at Kozan 50th Year High School (YDA) graduated. She won Cukurova University the Adana Health School Nursing Department in 2008. 6th semester of education; in 2011 he received her Erasmus exchange program at the University of Nicolaus Copernicus in Poland. She graduated from Cukurova University Adana Health School Nursing Department in 2012. She worked as a nurse at General Surgery Intensive Care Unit of the Cukurova University Health Practice and Research Center Balcali Hospital between January 2013 and March 2013. Then she worked as a nurse at the Gastroenterology Unit of Erciyes University Health Practice and Research Center between in March 2013 and August 2014. Currently she is a graduate student in C.U. Health Sciences Institute Nursing Department.