

Staff training interventions to reduce the behavioral and psychological symptoms of dementia

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Aim: Behavioral and psychological symptoms of dementia (BPSD) are most frequent and problematic in care settings. Staff training program to understand and manage BPSD is important to increase quality of life of people of dementia and care staff. Thus, This review of the literature examines the effectiveness of staff training programs to reduce BPSD in long-term care facilities.

Method: For the data collection, the electronic database(Pubmed, CINHALL, Riss, Kiss, DBpia, Google scholar) was used for searching with the key words including 'dementia', 'Alzheimer disease', 'aggression', 'agitation', 'Behavioral Psychological Symptoms of Dementia', 'staff', 'education' and 'program'. Finally, a total of 19 studies were included for the analysis based on the inclusion criteria.

Result: The most commonly used research design was the cluster randomized controlled trial and the most commonly used type of providing program was 'lecture', 'supervision' and 'feedback'. More than 8 week and 11 hour in the training program were shown significant effect on BPSD. In the contents of the educational programs, the concept of dementia and BPSD, factors of BPSD, general strategy and skill to manage BPSD, nonpharmacological intervention, communication skill and changing environment were commonly included. The significant effects were shown on BPSD and staff's management behavior with program.

Conclusion: Based on the results of the review study, the future studies needed to be provided more than 10 hour, 8week and included the contents about dementia and BPSD(concept, factor, etc.), BPSD management and skill training.

Biography:

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