

## Pigmentation Updates Using Plant Based Topicals and Resurfacing Modalities

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**H**yperpigmentation is a well-known condition that is difficult to treat and often lead to a negative impact on person's psychological well being. Pigmentation indicate an increased amount of melanin causing darkening of the skin, that include conditions such as melasma, post-inflammatory hyperpigmentation and sun damage skin. Several recent advances in the treatment of pigmentation from topicals in

combination with resurfacing modalities such as chemical peeling, microneedling , intense pulse light and even laser has been documented to treat hyperpigmentation. In this lecture, new topical plant based derived has been studied offering more treatment alternatives for longer and safe to used showing promising result in the treatment of hyperpigmentation.

### **Biography:**

Grace Lopez graduated Doctor of Medicine in the Philippines in 1991 at FEU Nicanor Reyes Medical Foundation, Inc. and finished her residency training in dermatology in 1996. She pursued her further studies internationally on clinical and aesthetic dermatology and conducted several lectures in various medical schools and conferences both local and abroad she is an active dermatology consultant where she holds various community clinics as well as hospitals in the Philippines. She also a member of several international societies in Dermatology and international alumni member of National Skin Center in Singapore. Lopez currently one of the board member of Dermatologic Aesthetic Surgery International League (DASIL). She is the Chief Executive Officer and the President of Medical Skin Health Training Foundation, Inc in the Philippines and the founding Chairman of Philippine Association of Primary Skin Health Physicians Inc.