

Treatment with Ultra Diluted Leaf Extract of Solanum Dulcamara Cures Verruca Vulgaris

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From Greek and Roman times both patients and clinicians are very much worried about common warts or Verruca Vulgaris. Common warts directly affect quality of life of the patients causing embarrassment, psychological trauma due to frustration of persistence and recurrence even after long continued treatment. There are many modes of treatment – surgical curettage, cautery, caustic ablation, cryotherapy, hot water treatment, ultrasound hypothermia, radiofrequency ablation, microwave treatment, infrared coagulation, immunotherapy, laser, virucidal, antimitotic therapy. However, all these therapy show high recurrence rates, persistence and transmission of the virus, formation of scars/Koebners. In fact, a recent updated Cochrane review concluded the treatment modes are only providing useful ideas only. Solanum Dulcamara also known as bitter sweet or climbing nightshade is a subshrub plant and contains steroid alkaloids α solamarine, β solamarine, soladulcidine, solasonine, solamargine, saponins and calystegines. All these agents are well known for their antimicrobial actions. I convinced after a pilot study that the ultra diluted extract of this plant could cure the disease as observed in a long follow up of some patients. In this main study we treated 190 patients suffering from common warts mostly in the age group between 10-40 years with this ultra diluted extract. There was cure of 78% patients as observed in a long time follow up. The satisfactory results were not obtained in palmo-planter and digital varieties and if we exclude these patients then the success rate becomes very high indicating it a promising medicine for treatment of these patients in days to come.

Biography:

Swami (Dr.) Shraddhamayananda graduated from Calcutta University and joined for Missionary work under Ramakrishna Mission. He is now a Monk of Ramakrishna order at Belur Math, West Bengal, India. He is now Incharge of a charitable Medical Unit at Belur Math. He has got more than 30 years of experience in medical profession as Skin specialist. He has published 12 papers in many reputed journals and presented many papers in national and international conferences. His main areas of research works are on Vitiligo, Acne, Warts, Post-Burn Scars, Post-Burn Hypopigmentation, Post Herpetic Neuralgia, etc. He has published one book on Vitiligo. He also attached to Vivekdisha (Expert unit) of Ramakrishna Vivekananda University, India.